

# Desmond<sup>TM</sup> BME

## South Asian

**Welcoming people from Gujarati  
and Urdu speaking communities**

**DESMOND** માં તમને આવકારવા માટે અમે આશા રાખીએ છીએ.

ہم **DESMOND** میں آپ کا خیر مقدم کرنے کا انتہائی اشتیاق سے انتظار کر رہے ہیں۔

**DESMOND is.....**

- A way of finding out more about Type 2 diabetes
- A way of helping you manage the changes diabetes brings to your life

**At DESMOND you can also....**

- Meet and share experiences
- Talk about your concerns
- Find out about support from your local health service

Courses are offered in venues across Kirklees – please ask your GP or Practice Nurse to refer you to the nearest DESMOND BME course.

For more information please contact  
The Diabetes Office at St Luke's House  
on **01484 466049**

