

GET CONNECTED

Did you know?

- Four out of five young people don't know where to go for help when they've got a problem
- The three issues most likely to make young people ask for help are family relationships, emotional problems and housing - and all too often they're experienced in this order

Get Connected is the free, confidential helpline that can find anyone under 25, anywhere in the UK, the right help for any problem.

Get Connected found help for 13,500 young people last year, via our phone, email and webchat service. We helped them share stories for the first time, choose brave first steps in dealing with their problems, and showed them that they aren't facing abuse, or pregnancy, or depression on their own. There are over 13,000 services in the UK for them, and we found them the right one. Crucially, we connected young people to this help for free.

To let young people you work with know about Get Connected contact Chloe at Get Connected to request free publicity materials:

chloe.darlington@getconnected.org.uk or telephone 020 7009 2500.

For more information visit www.getconnected.org.uk.